

Youth & Neighborhood Services

Neighborhood Center After-School Program

Open to City residents, this program serves children ages 6 to 17. Participants enjoy movies, concerts, arts/crafts and wellness programs. Free tutoring and homework help is available at all neighborhood centers for Lynchburg City School students. Tutors from Liberty University assist students in grades K-12 with math, reading, and other school work. Assistance is also available for GED students. Neighborhood Computer Centers are located at each center. Snacks are provided by Kids Cafe, a program of the Blue Ridge and Lynchburg Area Food Banks and America's Second Harvest. *All participants must register to attend this free after-school center program.* Be sure to register your children at the neighborhood center of your choice.



CENTER NAME	OPERATING HOURS*	ADDRESS	PHONE NO.
College Hill	M-F 2:30–7:30 pm	811 Jackson Street	847–1418
Daniel's Hill	M-F 2:30–7:30 pm	314 Cabell Street	847–1396
Diamond Hill	M-F 2:30–7:30 pm	1005 17th Street	847–1409
Fairview Heights	M-F 2:30–7:30 pm	3621 Campbell Avenue	847–1751
Jefferson Park	M-F 2:30–7:30 pm	405 York Street	847–1405
Miller Park	M-F 2:00–6:00 pm	301 Grove Street (basement)	455–5890
Yoder	M-F 2:30–7:30 pm	109 Jackson Street	847–1645
*From 4/9 – 4/13 all centers except Miller Park will open from 11:30 am–5:00 pm M-F; Miller Park will be open 1:00–5:00 pm <i>Centers will be closed on President's Day, 2/19</i>			

Family Soup Day Ages 6 & Up

Nothing tastes better than a hot bowl of soup when it is cold outside. Register at your neighborhood center by 1/26.



All Neighborhood Centers

Activity #	Day	Date	Time
62000.10	W	1/31	5:30-7:00 pm

Center Family Meal Nights

Relax over a simple supper, share your day with your family and meet other families too! Each center hosts a monthly dinner. Contact your area neighborhood center for more information and to register.



Free Movie Nights

Open to youth groups and families. Enjoy current and classic movies in a theater atmosphere. Popcorn and drinks for 25 cents! Sorry, no outside refreshments. Contact neighborhood centers or Micky Ferguson at 455–5864 for movie listings. Doors open at 5:00 pm. Movie will not be shown on 4/10.

Miller Center Auditorium

Day	Date	Time
2nd & 4th TU	Monthly	5:30 pm

Art Expressions Ages 8 to 15

Have you ever had something to say but could not find the words? Come and express yourself artistically. Call 847-1751 for more information. Register by each Monday prior to the class.

Fairview Heights Neighborhood Center
Contact: Keith Kirven

Activity #	Day	Date	Time
62002.105	W	2/14-3/28	5:00-7:00 pm

Calisthenics with Coach Tay Ages 6 & Up

Experience a variety of body movements through calisthenics. Dress comfortably. Tennis shoes required. Bring a towel or mat. Register by each Monday prior to the class.

Jefferson Park
Neighborhood Center
Contact: Shaunta Jefferson

Activity #	Day	Date	Time
62002.106	W	2/14-3/28	5:00-7:00 pm



¡Aprenda el español! (Learn Spanish!)

Adult Conversational Spanish Ages 18 & Up

Focus is on speaking, listening and pronunciation.

CR \$12.00; NR \$18.00

Miller Park Neighborhood Center

Instructor: JoAnn Stinnette

Activity #	Day	Date	Time
62000.101	TH	2/8-4/26	1:00-2:30 pm

Homeschoolers Beginning Conversational Spanish Ages 8 to 12

Hola! Are you interested in learning how to speak Spanish? Then this is the class for you. The focus is to have fun while learning basic pronunciation and common phrases. Class is not held on 4/10.

CR \$12.00; NR \$18.00

Miller Center – Instructor: JoAnn Stinnette

Activity #	Day	Date	Time
62002.102	TU	2/6-4/24	1:00-2:30 pm

Beginning Conversational Spanish for Teens & Adult Ages 13 & Up

Teens and adults can learn basic pronunciation and common phrases in an informal, relaxed setting. Class is not held on 4/14.

CR \$6.00; NR \$9.00

Miller Park Neighborhood Center

Instructor: JoAnn Stinnette

Activity #	Day	Date	Time
62003.101	2nd & 3rd SA	2/10-4/21	10:30 am-noon

Youth CPR Class Ages 11 to 15

Receive your CPR Certification! For youth who desire to learn CPR training, this hands-on skills training prepares you to respond to breathing and cardiac emergencies. Register by 2/12.

CR \$15.00; NR \$23.00

Fairview Heights Neighborhood Center

Instructor: Tammy Forest

Activity #	Day	Date	Time
62003.103	TH	2/15	5:30-8:00 pm

Youth Babysitter Class Ages 11 to 15

Receive Babysitting Certification. Fairview will host a babysitter class for youth who are interested in learning more about first aid and safety. A hands-on format, instructional video, and other material cover all the basics – diapering, feeding, proper sleep positions, handling, and disciplinary techniques. Comfortable clothes required.

CR \$15.00; NR \$23.00

Fairview Heights Neighborhood Center

Instructor: Tammy Forest

Activity #	Day	Date	Time
62003.104	W TH	3/14-3/15	5:00-8:00 pm

Youth & Neighborhood Services

Harrison Museum Tour

Ages 10 to 17

Take a trip to Roanoke and explore the Harrison Museum of African American Culture. Enjoy the many exciting historical and art exhibitions. Lunch is on your own. Seating is limited. Register by 3/7.

Daniel's Hill Neighborhood Center
Contact: Mary Brown

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
63000.101	SA	3/10	10:00 am-3:00 pm

Basketball Skills Challenge

Ages 9 to 18

Display your talents in the areas of dribbling, passing, and shooting. Male and female partner competitions will test your team skills, so bring a friend. Participants are divided by age; 9-12, 13-15 and 16-18. Trophies are given for first through third place in the individual and team competitions. For more information, contact Keith Kirven at 847-1751, Shaunta Jefferson at 847-1405, or Mary Brown at 847-1396. Additional cost of \$2.00 for t-shirts 1X or larger. Saturday morning registration begins at 10:30 am. T-shirts will not be available after 3/16. Tennis shoes required. Register at any neighborhood center. Register by 3/16 to receive a t-shirt.

CR \$6.00; NR \$9.00

City Armory

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62002.108	SA	3/31	11:00 am-2:00 pm

Jump Rope

for the American Heart Association

Ages 6 & Up

Come out and support Yoder Center participants as they jump rope and shoot hoops for the American Heart Association. Receive information and tips for a healthy lifestyle for you and your family. For more information, call 847-1645.

Yoder Neighborhood Center – Contact: Aubrey Barbour

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62000.111	SA	2/10	11:00 am-2:00 pm

Dance Theatre of Lynchburg



presents

Leaps and Bounds

Enjoy an evening of soulful performances inspired by African-American music and dance. Every member of the family will enjoy this event. Doors open at 5:30 pm. Call the Dance Theater of Lynchburg at 846-6772 or visit their website at www.dancelynchburg.org.

Free Admission

Miller Center Auditorium – Director: Keith Lee

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	2/8	6:00–8:00 pm

Annual Black History Celebration

The entire family will enjoy performances of singing, dancing, praise dancing, speakers, stepping and much more from area youth. Art work will be on display. Doors open at 5:30 pm. Contact Mary Brown at 847-1396 if you are interested in participating and for other general information.

Miller Center Auditorium

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	2/22	6:00 pm

Family Fun Days

Take some time out to relax and just have FUN together! Join other families, and play together doing arts and crafts, table games, billiards and more.

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
SA	3/10	10:00 am–2:00 pm	Yoder
SA	4/21	10:00 am–2:00 pm	Diamond Hill

Easter Eggstravaganza and Magic Show

Ages 4 to 12

A family fun day of magic, egg hunting and photos with the Easter bunny. Children need to bring baskets or containers for their eggs. All egg hunters must wear program wristbands. Awards given to golden and silver egg winners in each age group. Age groups (4-6, 5-7, & 8-12) hunt at different times. Rain date is Friday, 4/6, same time and location. Registration begins at 3:30 pm.

Miller Center Auditorium (Magic Show)

Miller Park (Egg Hunt) – Contact: Mary Brown

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
63000.102	TH	4/5	4:00-7:00 pm

City Wide Billiards/Carrom Tournament

Ages 6 to 8

Who will be the winner? First and second place winners receive awards the night of the event. Register by 3/2.

Miller Park Neighborhood Center

Contact: JoAnn Stinnette

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62007.105	TH	3/8	5:00-7:30 pm

City Wide Billiards Tournament

Ages 9 & Up

Who will be the winner? First and second place winners receive awards the night of the event. Register by 3/2.

Contact: Rebecca Morrison

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	3/8	5:00-7:30 pm

<u>Ages</u>	<u>Activity #</u>	<u>Location</u>
9-11	62007.101	College Hill
12-14	62007.102	Daniels Hill
15-17	62007.103	Fairview
18 & Up	62007.104	Diamond Hill

City Wide Ping Pong Tournaments

Ages 15 & Up

Who will be the winner? First and second place winners receive awards the night of the event. Register by 3/16.

Contact: Aubrey Barbour

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	3/22	5:00-7:30 pm
<u>Ages</u>	<u>Activity #</u>	<u>Location</u>
15-17	62006.101	Yoder
18 & Up	62006.102	Diamond Hill

Saturday Neighborhood Clean Up Day

Take pride in your neighborhood and lend a hand to clean up and have a safe and beautiful neighborhood! College students and local groups are welcome to participate. For more information, contact Micky Ferguson at 847-1409.

All Neighborhood Centers

<u>Day</u>	<u>Date</u>	<u>Time</u>
SA	3/24	10:00 am–2:00 pm

Healthy Weights for Healthy Kids

Nutrition Lessons

Ages 6 to 17

Get active in order to nurture a healthy future. Follow six easy steps to become healthier. A program of the Virginia Cooperative Extension Service. Contact Micky Ferguson at 847-1409 for more information.

Diamond Hill Neighborhood Center

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62002.107	M W	2/5-3/28	4:00 pm

Skin Care Workshop

Ages 10 to 50

Learn the proper way to take care of your skin and learn habits that will stay with you for a lifetime. Learn about different skin products, cleansing techniques and other information to maintain healthier skin. For more information, contact Mary Brown at (434) 847-1396. Register by 4/25.

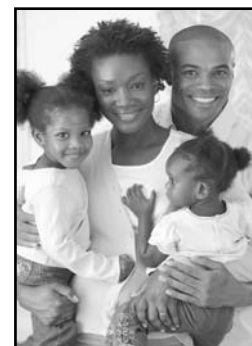
Daniel's Hill Neighborhood Center

Instructor: Mabel Hamlett-Franklin

<u>Activity #</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>
62102.101	SA	4/28	11:00 am-2:00 pm

Appreciation Day

Come join us as we recognize the center participants, tutors, volunteers, co-sponsors and neighborhood residents who make our programs successful! This is a day we set aside once a year to say "thank you". Contact Rebecca Morrison at 847-1418 or Keith Kirven at 847-1751 for more information.



The Aviary located in Miller Park

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	4/26	5:30 pm

Youth & Neighborhood Services

Educational Incentive Program (EIP) Honorary Dinner

Participants from the YNS after-school program will be awarded certificates by Mayor Joan Foster.

Fairview Neighborhood Center

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	5/3	5:30 pm



Neighborhood Health Fair

Free blood pressure and cholesterol screenings! Information will be provided on early detection of breast, prostate and cervical cancer, diabetes, HIV/Aids and dental health. For more information, contact Joyce King or Aubrey Barbour at 847-1645.

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Location</u>
SA	4/14	11:00 am–2:00 pm	Yoder
SA	5/19	11:00 am–2:00 pm	Diamond Hill

Youth Extravaganza

You will not want to miss this night when we showcase the many talents of our participants in a variety of performances. Participants display their talents in singing, dancing, stepping, poems and more. Doors open at 5:30 pm. For more information, call 847-1409.

Miller Center Auditorium

<u>Day</u>	<u>Date</u>	<u>Time</u>
TH	5/10	6:00 pm



Needed for Kid's Café

Kid's Café, a program of America's Second Harvest and the Blue Ridge Area Food Bank, provides nutritious meals and snacks to children in the neighborhood centers each day after the Educational Incentive Homework Program. Volunteers are welcome at all the neighborhood centers to sit with children during their snack time, guide table manners and be a part of the children's day. Background check required.

Summer Employment

Recreation Aides for Summer Day Camp

If you have a positive attitude, outgoing personality and are energetic and dependable, consider summer employment at a neighborhood community center. Job duties include, but are not limited to, carrying out planned activities, supervising participants, serving lunch, helping with arts and crafts projects and sporting events. First Aid and CPR experience or certification and enjoyment of swimming are helpful. Interested persons must be at least 18 years of age. Starting pay: \$7.45/hr. Applications may be obtained Monday–Friday from the Lynchburg Human Resources office located at City Hall, 900 Church Street. Applications also available via the internet at www.lynchburgva.gov. Applications will be accepted from 5/1 through 5/30 during regular business hours. Contact Micky Ferguson, Summer Camp Director, at 847-1409 or (434) 455-5864 for general information.

Neighborhood Center After-School Tutoring Program



Free tutoring and homework help is available for Lynchburg City School students. Tutors from Liberty University assist students in grades K–12. Assistance is also available for GED students. New volunteers welcome!

All Neighborhood Centers

<u>Day</u>	<u>Date</u>	<u>Time</u>
M-TH	Weekly	2:30-7:00 pm*

*Miller Park Hours are 2:30-5:30 pm

Saturday Open Center

Ages 6 & Up & Families

First & Third Saturdays

10 am - 2 pm
Diamond Hill
Fairview
Jefferson Park

Second & Fourth Saturdays

11 am - 3 pm
College Hill
Daniel's Hill
Yoder

Neighborhood Centers